



## 5<sup>TH</sup> DEGREE BLACK BELT

### Kata

Required:

kata Shodan;

kata Nidan;

kata Sandan;

kata Yondan;

kata Godan;

2<sup>nd</sup> kata nunchaku jutsu;

competition kata;

1<sup>st</sup> kata with two nunchakus;

2<sup>nd</sup> kata with two nunchakus.

Free to choose kata:

Chaikata 1 until 5;

kata Thé;

kata Block;

Competition kata;

1<sup>st</sup> kata nunchaku jutsu;

Own designed kata.

### Kumite

2<sup>nd</sup> kumite series.

### Demonstration

Free form accompanied by music to show all you can with one and two nunchakus.